The Amazing Benefits of Critical Thinking!



1-6-24 (revision 1-19-24) **John Droz, jr**

The rewards available to Critical Thinkers are simply stupendous!

Although **America's Number One problem** affects EVERYTHING, it is rarely discussed.

Literally every day we are bombarded by non-sensical words and actions by many of our representatives, our government agencies, the news media, organizations, businesses, celebrities, etc., as well as family and friends! Is it possible that all these people have the same disease? YES, it's not only possible, it was 100% predictable.

They all have **Adult Critical Thinking Deficiency (ACTD)**, which is infectious (then known as *groupthink*). So far the FDA, CDC, AMA, Dr. Fauci, Pfizer, etc. have not promoted an ACTD vaccine. As with many medical ailments, the optimal solution is *not to get it in the first place*. To assure that, there is a K-12 education preventative...

Properly teaching Critical Thinking in K-12, is the single, most impactful societal change that needs to be made in our school system. Other than having a reasonable proficiency in the Three Rs, assuring that High School graduates have the ability to do (and interest in) Critical Thinking is the most consequential part of the education process — yet despite a lot of assurances and platitudes, it is NOT being done!

"Education is not learning facts, but training the mind to think" is really about Critical Thinking, and it is a conclusion from Einstein, not me.

Critical Thinking is a skill set, not something that can be learned and perfected by osmosis. It's like cooking — with the proper training *anyone* can be a good cook.

Yet the same State education departments that have special **Social Emotional Learning** (SEL) **emphasis**, SEL training for teachers, and weekly SEL classes for students, have nothing remotely similar for the FAR more important **Critical Thinking!** By and large, the claim that "we are teaching your children how to be critical thinkers" is one of the biggest cons ever inflicted on the American public... (*For more info on that, see here*.)

Just some of the numerous personal benefits that K-12 students could profit from by being properly taught Critical Thinking are:

- 1) Critical Thinking students would learn **all** of the Social Emotional Learning (SEL) stated objectives but without the downsides of how SEL is normally taught!,
- 2) Critical Thinking students would make more informed personal medical decisions,
- 3) Critical Thinking students are more motivated across the board,
- 4) Critical Thinking students are more creative (which is a superpower),
- 5) Critical Thinking students are more independent (a key part of maturity),
- 6) Critical Thinking students will do much better at managing their time,
- 7) Critical Thinking students will have better interpersonal relationships,

- 8) Critical Thinking minorities would have a more level playing field,
- 9) graduates who went on to college would be less susceptible to propaganda,
- 10) economically deprived graduates would have the tools to succeed financially,
- 11) all graduates could easily adapt to rapidly changing employment situations,
- 12) graduates would more effectively manage their financial resources,
- 13) graduates would be much better at maintaining their health,
- 14) graduates would more likely choose a superior spiritual path,
- 15) graduates would be much better at picking a compatible spouse,
- 16) graduates would be more effective at parenting their children (per a private communication with parenting guru, John Rosemond),
- 17) graduates would make more informed voting choices,
- 18) graduates would be more actively participating citizens, and be less likely to have their rights and freedoms extracted by government over-reach,
- 19) graduates would be less susceptible to being tricked by AI perversions or scams by bad actors,
- 20) graduates would be happier (e.g., as they have more control over their lives), Etc.

Additionally, there would be numerous **societal benefits** from having more Critical Thinking adult citizens. For example, Critical Thinking has been called "the basis for science and democracy." Other examples are:

- 1) more meaningful and productive citizen discussions of societal issues,
- 2) more cooperation on national issues like energy policy, etc,
- 3) less societal discord and confrontation,
- 4) more competent and responsible representatives would be elected,
- 5) a much better chance of America maintaining its position of leadership, Etc.

All-in-all, the personal and societal benefits are unparalleled!

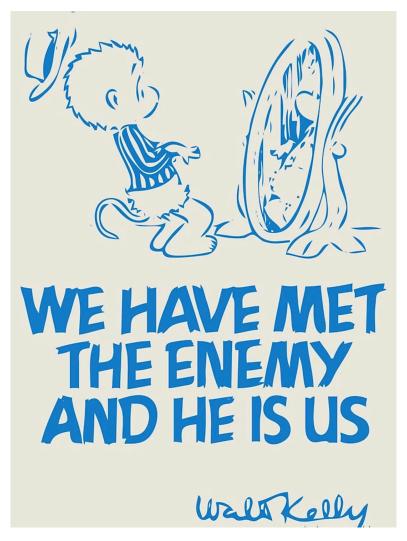
Critical Thinking is the Most Powerful, Least Expensive, Widest Impact solution to an extraordinary collection of personal and societal issues — *with NO DOWNSIDE!*

Some have given up on the public school system, for understandable reasons. One common refrain is: "There are too many problems to fix." However, astounding improvements can be made to our K-12 system by just properly addressing ONE thing: Critical Thinking.

Another huge benefit is that this is essentially a no-financial-cost solution. Existing K-12 school resources and priorities simply need to be redirected and modified. It can (and should) start immediately.

All that's needed is a commitment (from educators, legislators, parents, citizens, etc.) to focus on this one **phenomenally powerful solution**.

What's stopping us — other than us?



PS - Some sample worthwhile reading on this topic:

- Six Benefits of Critical Thinking and Why They Matter
- 11 Benefits of Critical Thinking That Rapidly Improve Your Life
- What Are Critical Thinking Skills and Why Are They Important?
- Why Is Critical Thinking Important? A Survival Guide
- Harvard School of Education: Developing Critical Thinking
- What Is Critical Thinking and Why Do We Need To Teach It?
- Critical thinking in teacher education: where do we stand and where can we go
- Developing Your Critical Thinking Skills
- Report: The Key to Fixing the US Education System

PPS - To read the original Substack version of this (+ *some great comments*), go here.